

# Repeat cycles of drilling equine cortical bone and cleaning and sterilization change the surface characteristics of untreated and electrochemically polished surgical drill bits

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## Summary

We compared roughness, porosities, and corrosion of commercially available untreated and electropolished bone drills before and after use for drilling equine cortical bone. Material: Two-fluted surgical drills (steel classification AISI 440A). Electropolishing was carried out in HE 310 for two minutes in randomly selected drill bits. Drills were subsequently used for drilling 5, 15, 25, and 40 drill holes in equine cortical bone of MC/MT3 and P1 of 12 cadaver specimens. Drilling was carried out manually following surgical guidelines with continuous lavage. A routine full cleaning, washing and sterilisation cycle between every five drill holes was carried out. The roughness average (Ra) was determined over a measuring length of 1.5 mm. Light microscopy was carried out to identify signs of corrosion, and pores on the drill surface were counted and classified according to size. Variance analysis and correlations between the electropolished and untreated surfaces and roughness values, pores and drilling time and depth were calculated. Drill depth per drilling procedure (43mm-47mm) was not significantly different between respective groups. Electrochemical polishing increased roughness significantly by a mean of 0.2  $\mu\text{m}$  in all subgroup comparisons. After electropolishing, the number of large porosities was also significantly increased, and the number of small porosities significantly decreased throughout the use of the drills. Electropolishing reduced corrosion signs in all stages of the study, with 36 unpolished drills and 3 electropolished drills showing corrosion. In conclusion: Electropolished bone drills potentially reduce the risk of infection due to reduced corrosion.

**Keywords:** equine cortical bone / fracture fixation / bone drill / stainless steel / electrochemical polishing

## Die Oberfläche von chirurgischen Standardbohrern und elektropolierten Standardbohrern verändert sich mit der Verwendung im Cortex vom Röhrenknochen des Pferdes und nach routinemäßigen Reinigungs- und Sterilisationszyklen

Faktoren, die möglicherweise zur Entstehung von Implantat-assoziierten Infektionen beitragen, sind von immenser klinischer und wirtschaftlicher Bedeutung. Die vorliegende Studie hatte das Ziel, die Veränderungen an der Oberfläche von chirurgischen Bohrern zu untersuchen, die im Rahmen der typischen klinischen Verwendung im Pferdeknochen entstehen, wobei zwei Gruppen von Bohrern (Standardbohrer und elektropolierte Standardbohrer) verglichen wurden. Einhundert chirurgische Standardbohrer (Stahl Klassifikation AISI 440A) wurden für die Studie verwendet, wobei die Hälfte davon elektropoliert wurde (in HE 310, zwei Minuten lang). Die Bohrer wurden in der Folge in Gruppen verwendet um 5, 15, 25, und 40 Bohrlöcher in den langen Röhrenknochen von 12 randomisierten distalen Pferdeextremitäten (Röhrlbein und Fesselbein) manuell zu bohren. Nach jeweils 5 Bohrlöchern wurde ein der klinischen Routine entsprechender Reinigungs- und Sterilisationszyklus durchgeführt. Als Maß für die Rauigkeit wurde über eine Länge von 1.5mm der roughness average (Ra) bestimmt, weiters wurden die Poren gezählt und in Größenklassen eingeteilt sowie Korrosionszeichen erhoben. Mittels Varianzanalyse wurden die Gruppen verglichen, und es wurden Korrelationen zwischen Rauigkeit, Poren, Bohrzeiten und Bohrtiefen berechnet. Die Bohrtiefe pro 5 Bohrlöcher (43mm-47mm) war nicht signifikant unterschiedlich zwischen den Gruppen. Die Elektropolitur erhöhte die Rauigkeit signifikant um im Durchschnitt 0.2  $\mu\text{m}$  in allen Gruppen. Nach der Elektropolitur war die Anzahl großer Poren erhöht, und die Anzahl kleiner Poren reduziert, im Vergleich zu den unbehandelten Bohrern. Die Anzahl der kleinen Poren wurde mit der Bohrverwendung reduziert. Die Elektropolitur reduzierte die Korrosionszeichen in allen Bohrverwendungsgruppen, und 36 unpolierte aber nur 3 elektropolierte Bohrer zeigten Korrosionszeichen. Die Oberfläche von Bohrern in wiederholter Verwendung am Pferdeknochen stellt ein mögliches Risiko für die Entstehung von Infektionen dar, da sowohl Korrosion als auch oberflächliche Poren Gewebe schädigen können und auf der anderen Seite direkt zum Bakterienwachstum beitragen können. Die Elektropolitur von Bohrern, die zur wiederholten Verwendung am Pferd gedacht sind, führt zu einer starken Reduktion der Korrosion, und diese Reduktion der Korrosion bleibt auch bei starker Verwendung der Bohrer signifikant. Diese Korrosionsreduktion verringert das Risiko von post operativen Infektionen, weil keine Korrosionsprodukte im Knochen verbleiben und den Weg für bakterielle Infektionen durch Beeinträchtigung des Gewebes ebnen.

**Schlüsselwörter:** Pferdeknochen / Frakturbehandlung / Knochenbohrer / chirurgischer Stahl / elektrochemisches Polieren

## Introduction

In orthopaedic surgery in human and veterinary medicine the cleanability and the corrosion resistance of the biomaterials used are essential. Although post-operative infection rates decreased within the last years, the overall number of infections increases due to the growing numbers of orthopaedic

surgery making it necessary to improve the materials used further (Ha et al. 2005, Subbiahdoss et al. 2009).

Of all orthopaedic surgical materials, implants have been studied most frequently. However, other materials used during surgery such as drill bits or tapping bits may also contribute to the incidence of infection.

In implants there is ample evidence that material properties like surface finish and alloying elements also significantly influence bacterial attachment (Gristina et al. 1976, Cordero et al 1994, Boulangé-Petermann et al. 1997, Gracia et al 1997, Medilanski et al. 2002, Ha et al. 2005). No similar studies are available for materials, which are in short-term contact with bone, such as surgical drills. While implants are now also available in materials other than surgical grade steel, the instruments used for the implantation process are still made of medical stainless steel.

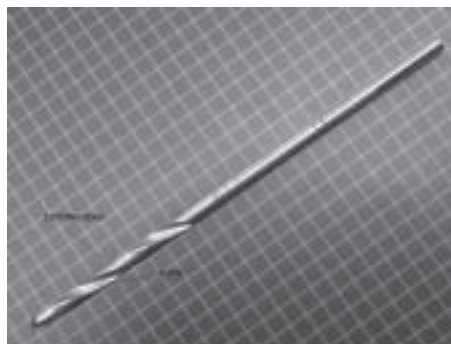
Bone drilling is one of the fundamental steps of many different complex procedures in orthopaedic surgery (Bertollo et al. 2008, Bertollo et al. 2010, Vankipuram et al. 2010). It is conducted with metallic drill bits in a suitable size to remove certain amounts of bone for implantation (Bertollo et al. 2008). The drilling procedure has been studied, and the main potential hazards identified with bone drilling for implantation were identified as: soft tissue injury caused by skiving, over-heating, metallic material release and pathogen propagation and metallic material transfer between patients (Hobkirk and Rusiniak 1978, Eriksson and Albrektsson 1983, Eriksson and Albrektsson 1984, Iyer et al. 1997a, Iyer et al. 1997b, Hilbert et al. 2003, Ercoli et al. 2004, Bertollo et al. 2008, Yoshida et al. 2009, Bertollo et al. 2010). Soft tissue injury and over-heating are problems that are related to the drill bit's design. In contrast to the widely-used two-fluted drills, three-fluted drills have better properties concerning drilling of oblique bone holes because skiving occurs less frequently and is therefore a safer procedure in the vicinity of soft tissue (Bertollo et al. 2008). Over-heating of bone leads to bone necrosis and breakdown of the local microcirculation, the main technique to reduce this is continuous flushing of the drill bit and the drill hole with cool fluids. Even temperatures around 44-50°C for one minute reduce bone regeneration because of delayed periosteal membrane regeneration and therefore over-heating should be avoided (Eriksson and Albrektsson 1983, Eriksson and Albrektsson 1984, Iyer et al. 1997a, Iyer et al. 1997b, Ercoli et al. 2004, Yoshida et al. 2009). Three-fluted drills show better cutting efficiency and a decreased drilling time that reduce heat production during drilling and support bone healing (Bertollo et al. 2010). The transfer of metallic material to the host is another problem coming up with bone drilling. There are two causes for metallic material transfer: Firstly, corrosion of the drill bits can decrease the material stability and lead to the release of metallic material during drilling. Corrosion resistance depends on the type of alloy composition, the manufacturing process and on the surface finish which can be modified by different procedures like grinding, bead blasting or electro-polishing which smoothen the surface and reduce bacterial attachment opportunities (Hilbert et al. 2003). Secondly, there can be transfer of metallic material during the drilling procedure as the drill material needs to resist to the mechanical resistance of the bone. This leads to the transfer of small amounts of metals into the bone surrounding the drill hole inducing electrochemical effects if there is a potential difference between the drill material and the implant material (Hobkirk and Rusiniak 1978).

Last but not least the transfer of pathogens and organic material positioned in cracks and crevices on the drill bit surface not reached by standard cleaning procedures represents a risk to a successful implantation (Hilbert et al. 2003). Micro-

organisms can be transferred to another patient as drills are widely used repeatedly because of financial considerations (Aasim et al. 2006, Eterpi et al. 2009). This transfer depends on the efficiency of the cleaning and sterilization procedure in relation to the drill bit's surface.

As the surface finish is an important factor determining corrosion resistance and rate of bacterial attachment many implants are electro-polished. Electrochemical polishing belongs to the contact-free electrochemical processes as micro-structural peaks of the surface are removed and so the surface is smoothened, and crevices and cracks in the surface are cleaned and opened for the subsequent use of cleaning agents. Also, electrochemically smoothened surfaces have a thicker and more uniform protective passive layer mostly consisting of chromium oxide compared to untreated surfaces. The corrosion resistance of such a thick passive layer increases the protection of the surface, and therefore smoothened passive stainless steel surfaces are less susceptible to corrosion attacks, resulting in an improved biocompatibility (Beddoes and Bucci 1999, Arnold and Bailey 2000, Arnold et al. 2004, Gellér et al. 2008).

The aim of this study is to investigate the influence of drilling of equine cortical bone on the surgical properties and surface qualities of standard surgical stainless steel drill bits which



**Fig. 1** Drill bits before electrochemical polishing showing flute and cutting edge



**Fig. 2** Latero-medial radiograph of the same distal equine limb (bone 2) before drilling (A) and after drilling (B), the total drilling depth in this limb was 4672mm.

**Table 1** Mean value (MV) and standard deviation (SD) in mm of drilling procedure bones

	metacarpal/ metatarsal bones	first phalanx bones
MV diameter (mm)	37.37	31.55
SD diameter (mm)	4.04	3.08
MV length in total (mm)	287.36	88.43
SD length in total (mm)	27.71	6.26
MV thickness of dorsal cortex (mm)	13.90	7.72
SD thickness of dorsal cortex (mm)	2.12	1.09

are in daily use in equine surgery and electropolished surgical stainless steel drill bits. The hypothesis investigated is that usage increases the number and size of surface defects in both types of surgical drill bits compared to unused drill bits.

## Material and methods

### Drills

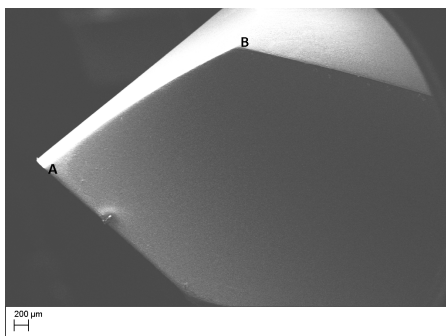
One hundred two-fluted drills shown in Figure 1 were provided by company SYNTHES, Switzerland. The drills had a total length of 130 mm, the cutter part 50 mm and a shank diameter of 4.5 mm. According to the manufacturer's information the drills were made of AISI 440A which equates to DIN 1.4109 and X70CrMo15. The manufacturing process included hardening and tempering to 52 +3/-0 HRC. The surface finish was performed by primary passivation ASTM A967, method Nitric 5, laser-labeling and secondary passivation.

### Bones

Twelve metacarpal, metatarsal and first phalangeal bones of commercially slaughtered adult horses were randomly chosen for the drilling procedure. The bones were documented using x-ray before and after the drilling procedure as shown in Figure 2. Mean values (MV) and standard deviation (SD) of the anatomical specifications of the bones are shown in Table 1.

### Microscopic Inspection (MI)

Three locations of the apex of each drill (Figure 3) were examined with a reflected-light microscope (BX51M with camera CAM XC30 and software Analysis Docu 5.1 from OLYMPUS, Tokyo, Japan) at a 200-fold magnification. The examination area was 920.87  $\mu\text{m}^2$ . Using the software, pores and scratches



**Fig. 3** Scanning Electron Microscopy picture of a two-fluted drill before drilling (Synthes, Switzerland), A: flute; B: cutting edge 1; (C: cutting edge 2 not seen on the picture).

on the drill surface in the examination area were counted and classified into ten classes depending on their area size. The classes were divided as 0.01-5.00 $\mu\text{m}^2$  (class - 5 $\mu\text{m}^2$ ), 5.01-10 $\mu\text{m}^2$  (class -10 $\mu\text{m}^2$ ), 10.01-20 $\mu\text{m}^2$  (class - 20 $\mu\text{m}^2$ ), 20.01-30 $\mu\text{m}^2$  (class -30 $\mu\text{m}^2$ ), 30.01-40 $\mu\text{m}^2$  (class - 40 $\mu\text{m}^2$ ), 40.01-50 $\mu\text{m}^2$  (class -50 $\mu\text{m}^2$ ), 50.01-100 $\mu\text{m}^2$  (class -100 $\mu\text{m}^2$ ), 100.01-600 $\mu\text{m}^2$  (class -600 $\mu\text{m}^2$ ), 600.01-800 $\mu\text{m}^2$  (class -800 $\mu\text{m}^2$ ) and 800.01-1000 $\mu\text{m}^2$  (class - 1000 $\mu\text{m}^2$ ).

### Roughness Measurement (RM)

The roughness average (Ra) as the arithmetic mean of several absolute values over a certain measuring length (Henkel et al, 2007) was determined with a HOMMEL Tester T1000 (Hommel & Seitz, Viernheim, Germany) over a measuring length of 1.5 mm three times each on the flute and the cutting edge of each drill.

### Scanning Electron Microscopy (SEM)

Drills were examined with Scanning Electron Microscopy (EVO 60XVP from Zeiss NTS Oberkochen, Germany, with software SmartSEM Version 5) to confirm the reflected-light microscopy results.

### Electrochemical polishing (ECP)

This preparation step was carried out at the company HENKEL (Beiz- und Elektropolieretechnik GmbH & Co. KG, Waidhofen/Thaya, Austria). Overall 53 drills were electrochemically polished in HE 310 containing sulphuric, phosphoric and chromic acid for two minutes at 4.5 V and 3.7 A. This led to an estimated surface abrasion of 4-6  $\mu\text{m}$  according to the Faraday equivalent.

### Drilling (DR)

Drills were randomly divided into 5 groups with 18 drills each, eliminating one remaining drill. Group 1 to 4 contained 18 drills each, 9 untreated (UT) and 9 electrochemically polished (EP). Group 5 consisting of 20 drills – 10 untreated and 10 electrochemically polished – which were forwarded for microbiological analysis (unpublished data). Before the drilling procedure started the 72 drills of group 1 to 4 were identified by manual engraving on the shaft and then sterilized. During the drilling procedure each group went through a different number of drilling cycles. One drilling cycle was defined as five drill holes plus washing and sterilization. The osseous drill holes were drilled with a standard motor drill (PSB 2000, „Bosch“, Gerlingen, Germany). So the scheme was set as following: Group 1 (18 drills): one drilling cycle,

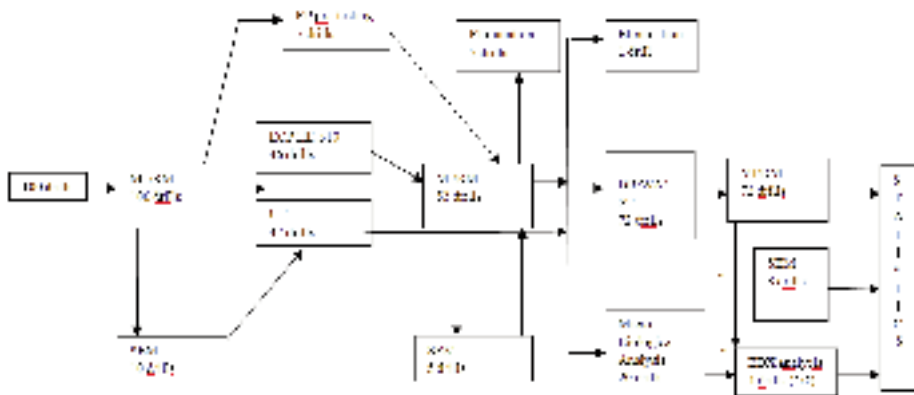
group 2 (18 drills): three drilling cycles, group 3 (18 drills): five drilling cycles and group 4 (18 drills): eight drilling cycles. During the drilling the drills were manually cooled with cold tap water continuously flushed using sterile plastic syringes. Drill hole depth measuring was carried out with a routinely used depth gauge. Also, drill time was measured for each drill hole (AW-80-1AVES from „Casio“, Tokio, Japan). For better differentiation the drills were named by the different experimental stages: UT (untreated) and pEP (prior to electrochemically polishing) in the UT (untreated) experimental step, EP (electrochemically polished) in the EP (electropolished) step and dUT and dEP in the DR (drilled) experimental stage.

The washing procedure was carried out in an automated washer (G7883CD from „Miele“, Gütersloh, Germany) following EN ISO 15883-1 with the VarioTD washing programme using neodisher LaboClean FLA as washing agent and neodisher N

as neutralizer (both from „Dr. Weigert“, Hamburg, Germany). For sterilization each drill was packed separately (Medipeel from „Sengewald“, Germany) and the sterilization took place in a „Getinge“ steam autoclave with following parameters: 121°C, 1.2 bar in chamber and jacket, 2.3-2.4 bar steam supply for 55 minutes. Both the washing and the sterilization procedure followed the standard protocol of the surgical clinic. *Additional SEM / EDX- Analysis*

Four drills (two out of group 5, one out of group 1 and one out of group 3) were inspected via SEM (QUANTA 200K from FEI, Hillsboro, OR) and energy-dispersive x-ray (EDX; PHOENIX from EDAX, with software Genesis 5.1, Mahwah, NJ) to carry out further material investigation concerning the alloy's and manufacturing process qualities. SEM analyses were made for detailed information about the dissemination of impurities and inclusions which were then analyzed via EDX for their elemental composition.

**Fig. 4** Schematic overview of the experimental procedure of the drills. MI: microscopic inspection; RM: roughness measurement; ECP: electrochemical polishing, DR: drilling, WA: washing, ST: sterilization, SEM: scanning electron microscopy, EDX: energy dispersive x-ray, EP: electropolished, UT: untreated, HE310: brand name electrolyte



**Table 2** Mean values (MV) and standard deviation (SD) of roughness average (Ra) on flutes and cutting edges (edge)

	Untreated							
	group 1		group 2		group 3		group 4	
	UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)
	MV (SD)	MV(SD)	MV (SD)	MV(SD)	MV (SD)	MV(SD)	MV (SD)	MV(SD)
Ra flute (µm)	0,16 (0,025)	0,16 (0,012)	0,14 (0,018)	0,15 (0,015)	0,15 (0,012)	0,16 (0,026)	0,17 (0,028)	0,15 (0,017)
Ra edge (µm)	0,19 (0,016)	0,19 (0,024)	0,18 (0,013)	0,19 (0,018)	0,19 (0,024)	0,20 (0,029)	0,18 (0,031)	0,19 (0,030)
	Electrochemically polished							
	group 1		group 2		group 3		group 4	
	UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)
	MV (SD)	MV(SD)	MV (SD)	MV(SD)	MV (SD)	MV(SD)	MV (SD)	MV(SD)
Ra flute (µm)		0,37 (0,039) <sup>EE</sup>		0,38 (0,040) <sup>EE</sup>		0,37 (0,052) <sup>EE</sup>		0,38 (0,041) <sup>EE</sup>
Ra edge (µm)		0,41 (0,088) <sup>EE</sup>		0,42 (0,063) <sup>EE</sup>		0,44 (0,027) <sup>EE</sup>		0,42 (0,071) <sup>EE</sup>
	drilled							
	group 1		group 2		group 3		group 4	
	UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)
	MV (SD)	MV(SD)	MV (SD)	MV(SD)	MV (SD)	MV(SD)	MV (SD)	MV(SD)
Ra flute (µm)	0,16 (0,033) <sup>**</sup>	0,37 (0,061) <sup>**</sup>	0,17 (0,032) <sup>**/D</sup>	0,36 (0,057) <sup>**</sup>	0,15 (0,030) <sup>**</sup>	0,33 (0,046) <sup>**</sup>	0,16 (0,023) <sup>**</sup>	0,33 (0,056) <sup>**</sup>
Ra edge (µm)	0,19 (0,039) <sup>**</sup>	0,36 (0,043) <sup>**</sup>	0,18 (0,022) <sup>**</sup>	0,37 (0,082) <sup>**</sup>	0,21 (0,019) <sup>**/D</sup>	0,36 (0,093) <sup>**/D</sup>	0,19 (0,016) <sup>**</sup>	0,35 (0,058) <sup>**</sup>

\* significantly different during same experimental stage \*\* highly significantly different during same experimental stage <sup>D</sup> significantly different after drilling, <sup>DD</sup> highly significantly different after drilling; <sup>E</sup> significantly different after electro polishing, <sup>EE</sup> highly significantly different after electro polishing

Data collection, data processing and statistical analysis

The different measuring procedures were repeated during the experimental set. A schematic overview is given in Figure 4. Data were analyzed using SPSS for Windows (version 17.0, SPSS Inc. Chicago, IL). First data were tested for Gaussian distribution. Variance analysis was performed and contingency tables were used to investigate the relationship between surface modification, roughness values, pores and drilling time and depth.

Results

Drilling time and depth

The drilling depth measurement revealed no significant differences between the in the UT and EP drilling sets used drills. The total drilling depth in group 1 was 214 mm ± 8 (dUT) and 219 mm ± 15 (dEP), in group 2 694 mm ± 9 (dUT) and 691 ± 37 (dEP), in group 3 1182 mm ± 36 (dUT) and 1184 ± 54 (dEP) and in group 4 1838 mm ± 36 (dUT) and 1850 mm ± 67 (dEP). The total drilling times showed no significant

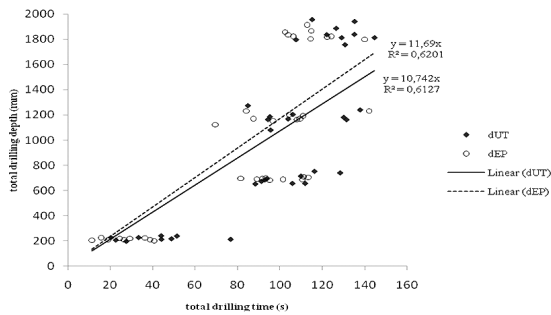


Fig 5 Correlation between total drilling time and total drilling depth; dUT: untreated drills, dEP: electrochemically polished drills

differences in group 1 (dUT 41s±18; dEP 27s±10), in group 2 (dUT 104s±14; dEP 99s±11) and in group 3 (dUT 109s±19; dEP 101s±21). In group 4 drilling times of the dEP drills were significantly shorter (p=0,049; dUT 127s±11; dEP 116s±12). As shown in Figure 5 the total drilling depths were equal between UT and EP drills in the different groups.

Roughness

Mean values and standard deviations of Ra on flutes and cutting edges of the drills during the different experimental stages are given in Table 2. The original state of the drill surfaces concerning roughness did not show any significant differences between UT and pEP drills neither on flutes nor cutting edges. Prior to drilling, the UT drills showed Ra ranging on the flutes between 0.12µm and 0.22µm and between 0.14µm and 0.25µm on the cutting edges. The ECP increased Ra significantly, which then ranged between 0.31µm and 0.46µm on flutes and 0.27µm and 0.55µm on cutting edges. The Ra measurement after drilling showed Ra for the dUT drills between 0.11µm and 0.22µm on flutes and 0.15µm and 0.29µm on cutting edges. The dEP drills showed a Ra range between 0.23µm and 0.46µm on flutes and 0.27µm and 0.53µm on cutting edges.

Porosities

Mean values and standard deviations of porosities in total on flutes and cutting edges of the drills during the different experimental stages are given in Table 3. The number of porosities in total was investigated microscopically and ranged in the UT experimental stage between 41 and 351 on flutes and 114 and 417 on cutting edges. ECP changed the number of porosities significantly and was between 68 and 258 on flutes and 104 and 256 on cutting edges. After drill-

Table 3 Mean values (MV) and standard deviations (SD) of porosities counted on flutes and cutting edges (edge);

		Untreated							
		group 1		group 2		group 3		group 4	
		UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)
	MV (SD)	MV(SD)	MV(SD)	MV(SD)	MV (SD)	MV(SD)	MV (SD)	MV (SD)	MV(SD)
flute		243 (69)	230 (69)	182 (63)*	248 (56)*	193 (61)	191 (93)	180 (78)	204 (80)
edge		236 (76)	240 (41)	195 (46)	237 (75)	220 (54)	204 (50)	226 (60)	298 (96)
		Electrochemically polished							
		group 1		group 2		group 3		group 4	
		UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)
	MV (SD)	MV(SD)	MV(SD)	MV (SD)	MV(SD)	MV (SD)	MV(SD)	MV (SD)	MV(SD)
flute			127 (37) <sup>EE</sup>		135 (50) <sup>EE</sup>		120 (49) <sup>E</sup>		136 (37) <sup>F</sup>
edge			170 (24) <sup>EE</sup>		190 (53)		182 (36)		176 (25) <sup>EE</sup>
		Drilled							
		group 1		group 2		group 3		group 4	
		UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)	UT (n=9)	EP (n=9)
	MV (SD)	MV(SD)	MV(SD)	MV (SD)	MV(SD)	MV (SD)	MV(SD)	MV (SD)	MV(SD)
flute		207 (39)*	156 (39)*	191 (39)	158 (36)	218 (36)*	181 (33)* <sup>/D</sup>	203 (41)*	158 (44)*
edge		214 (37)	199 (42) <sup>D</sup>	214 (46)	207 (30)	250 (21)**	193 (22)**	241 (35)	222 (25) <sup>DD</sup>

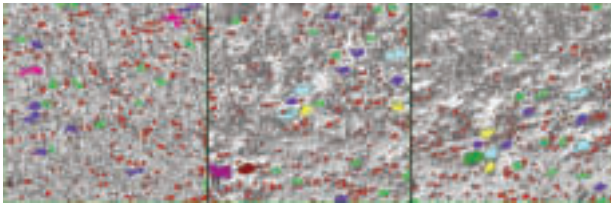
\* significantly different during same experimental stage; \*\* highly significantly different during same experimental stage; <sup>D</sup> significantly different after drilling, <sup>DD</sup> highly significantly different after drilling; <sup>E</sup> significantly different after electro polishing, <sup>EE</sup> highly significantly different after electro polishing

**Table 4** Mean numbers (MN) and standard deviation (SD) of porosities in the porosity-classes on flutes and cutting edges (edge);

	Untreated							
	group 1		group 2		group 3		group 4	
flute								
-5 $\mu\text{m}^2$	40 (14)	41 (15)	32 (9)	37 (9)	34 (11)	30 (13)	32 (13)	33 (12)
-10 $\mu\text{m}^2$	85 (23)	80 (29)	65 (23)**	91 (13)**	63 (17)	70 (33)	66 (28)	74 (27)
-20 $\mu\text{m}^2$	58 (17)	60 (12)	46 (18)	57 (17)	48 (17)	44 (26)	44 (20)	50 (24)
-30 $\mu\text{m}^2$	24 (9)	21 (6)	18 (8)	23 (8)	18 (7)	21 (13)	15 (7)	19 (9)
-40 $\mu\text{m}^2$	12 (4)	10 (4)	9 (6)	13 (5)	11 (5)	8 (4)	8 (6)	9 (5)
-50 $\mu\text{m}^2$	7 (3)	6 (4)	4 (2)**	8 (2)**	5 (3)	7 (4)	5 (4)	6 (3)
-100 $\mu\text{m}^2$	12 (9)	10 (5)	7 (4)	14 (10)	10 (6)	8 /5)	8 (5)	9 (6)
-600 $\mu\text{m}^2$	5 (5)	3 (3)	2 (2)	5 (5)	5 (3)	3 (2)	3 (4)	4 (3)
edge								
-5 $\mu\text{m}^2$	39 (13)	39 (9)	38 (8)	42 (14)	36 (10)	35 (7)	39 (11)	47 (15)
-10 $\mu\text{m}^2$	83 (26)	81 (11)	70 (14)	81 (25)	75 (18)	72 (16)	75 (19)	97 (34)
-20 $\mu\text{m}^2$	56 (18)	59 (10)	45 (15)	56 (18)	53 (13)	48 (14)	56 (14)	72 (24)
-30 $\mu\text{m}^2$	22 (9)	23 (5)	17 (6)*	24 (6)*	20 (6)	19 (6)	22 (10)*	32 (9)*
-40 $\mu\text{m}^2$	11 (5)	13 (4)	8 (3)	11 (4)	12 (4)	9 (4)	11 (4)	15 (5)
-50 $\mu\text{m}^2$	8 (3)	7 (3)	6 (2)	8 (3)	7 (3)	6 (2)	7 (3)	9 (3)
-100 $\mu\text{m}^2$	13 (5)	14 (4)	10 (4)	12 (6)	12 (2)	11 (6)	12 (4)*	19 (7)*
-600 $\mu\text{m}^2$	4 (2)	5 (2)	3 (1)	5 (5)	5 (3)	4 (3)	5 (4)	7 (4)
	Electrochemically polished							
	group 1		group 2		group 3		group 4	
flute								
-5 $\mu\text{m}^2$		14 (6) <sup>EE</sup>		15 (10) <sup>EE</sup>		13 (8) <sup>EE</sup>		13 (6) <sup>EE</sup>
-10 $\mu\text{m}^2$		29 (12) <sup>EE</sup>		35 (17) <sup>EE</sup>		30 (16) <sup>EE</sup>		34 (12) <sup>EE</sup>
-20 $\mu\text{m}^2$		27 (10) <sup>EE</sup>		28 (14) <sup>E</sup>		25 (14) <sup>E</sup>		24 (6) <sup>EE</sup>
-30 $\mu\text{m}^2$		13 (5) <sup>EE</sup>		12 (4) <sup>E</sup>		11 (5) <sup>E</sup>		14 (3)
-40 $\mu\text{m}^2$		7 (3)		7 (3) <sup>E</sup>		6 (3)		8 (4)
-50 $\mu\text{m}^2$		5 (2)		5 (3)		6 (3)		6 (2)
-100 $\mu\text{m}^2$		15 (4)		14 (6)		13 (3) <sup>E</sup>		14 (6)
-600 $\mu\text{m}^2$		17 (5) <sup>EE</sup>		18 (5) <sup>EE</sup>		16 (5) <sup>EE</sup>		22 (4) <sup>EE</sup>
edge								
-5 $\mu\text{m}^2$		24 (5) <sup>EE</sup>		25 (8) <sup>EE</sup>		25 (5) <sup>E</sup>		22 (5) <sup>EE</sup>
-10 $\mu\text{m}^2$		46 (5) <sup>EE</sup>		55 (21) <sup>E</sup>		49 (11) <sup>EE</sup>		48 (7) <sup>EE</sup>
-20 $\mu\text{m}^2$		34 (7) <sup>EE</sup>		42 (14)		35 (8) <sup>E</sup>		37 (7) <sup>EE</sup>
-30 $\mu\text{m}^2$		16 (3) <sup>EE</sup>		17 (6) <sup>E</sup>		16 (3)		16 (4) <sup>EE</sup>
-40 $\mu\text{m}^2$		10 (3)		9 (4)		11 (3)		9 (1) <sup>EE</sup>
-50 $\mu\text{m}^2$		7 (2)		7 (2)		7 (2)		6 (1) <sup>EE</sup>
-100 $\mu\text{m}^2$		15 (3)		16 (4)		15 (3)		17 (5)
-600 $\mu\text{m}^2$		19 (4) <sup>EE</sup>		18 (7) <sup>EE</sup>		22 (7) <sup>EE</sup>		21 (4) <sup>EE</sup>
	Drilled							
	group 1		group 2		group 3		group 4	
flute								
-5 $\mu\text{m}^2$	37 (10)**	21 (10)**	34 (11)**	20 (9)**	43 (11)**	23 (12)** <sup>/D</sup>	37 (6)**	20 (13)**
-10 $\mu\text{m}^2$	71 (17)**	41 (13)**	71 (16)**	46 (19)**	75 (12)**	50 (17)** <sup>/D</sup>	77 (19)**	43 (19)**
-20 $\mu\text{m}^2$	48 (11)**	30 (10)**	46 (10)**	31 (9)**	50 (15)	40 (9) <sup>D</sup>	48 (10)**	31 (14)**
-30 $\mu\text{m}^2$	18 (6)	14 (7)	16 (5)*	11 (3)*	17 (5)	15 (4)	17 (6)	15 (5)
-40 $\mu\text{m}^2$	8 (4) <sup>D</sup>	8 (3)	8 (4)	6 (2)	10 (4)	9 (2)	7 (4)	8 (4)
-50 $\mu\text{m}^2$	7 (3)	7 (1)	5 (2)	6 (3)	7 (5)	6 (3)	4 (2)	6 (3)
-100 $\mu\text{m}^2$	13 (7)	15 (6)	8 (4)**	15 (5)**	11 (6)	16 (5)	9 (4)*	14 (3)*
-600 $\mu\text{m}^2$	5 (4)**	19 (3)**	4 (3)**	21 (5)**	5 (4)**	21 (7)** <sup>/D</sup>	4 (4)**	21 (5)**
edge								
-5 $\mu\text{m}^2$	34 (7)	28 (11)	38 (8)**	29 (4)**	41 (10)**	25 (6)**	39 (6)**	29 (5)** <sup>/DD</sup>
-10 $\mu\text{m}^2$	70 (17)	57 (16) <sup>D</sup>	72 (13)*	59 (9)*	81 (12)**	52 (9)**	80 (9)*	66 (15)* <sup>/DD</sup>
-20 $\mu\text{m}^2$	52 (10)*	42 (10)* <sup>/D</sup>	51 (12)	44 (10)	59 (9)**	41 (8)**	56 (11)*	46 (8)* <sup>/DD</sup>
-30 $\mu\text{m}^2$	22 (5)	19 (4)	18 (9)	20 (6)	25 (5)**	15 (3)**	22 (6)	20 (3) <sup>DD</sup>
-40 $\mu\text{m}^2$	11 (4)	9 (2)	19 (4)	11 (4)	13 (3)*	9 (2)*	12 (5)	11 (2) <sup>DD</sup>
-50 $\mu\text{m}^2$	6 (2)	7 (3)	8 (2)	7 (2)	9 (1)**	6 (1)**	8 (3)	7 (2)
-100 $\mu\text{m}^2$	12 (3)*	16 (3)*	12 (4)*	17 (4)*	16 (4)	17 (2)	16 (5)	18 (4)
-600 $\mu\text{m}^2$	6 (2)**	20 (6)**	5 (3)**	20 (3)**	6 (3)**	25 (4)**	6 (4)**	24 (6)**



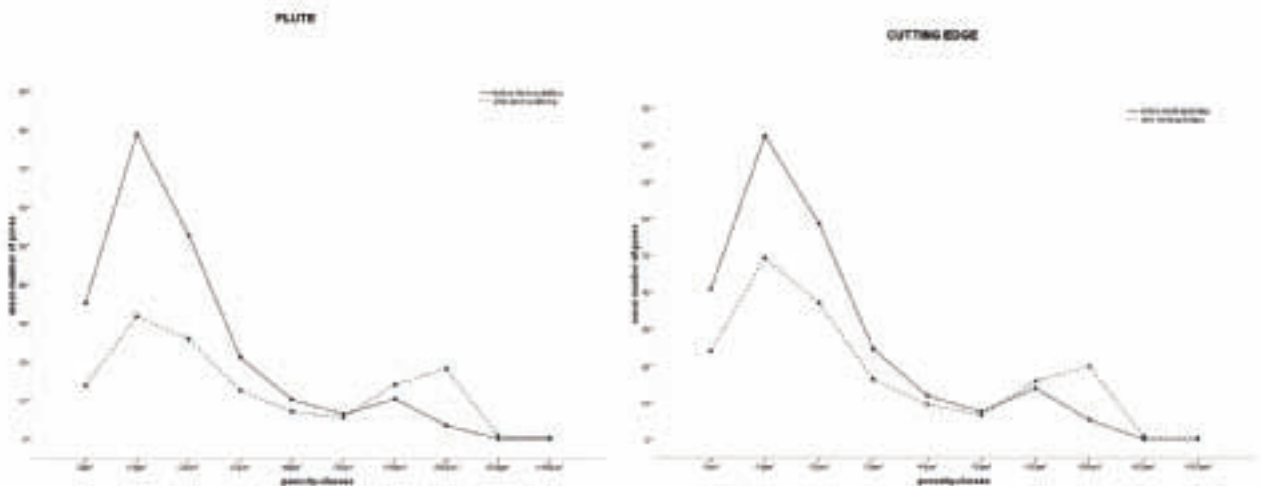
ling, a minimum number of 112 and a maximum of 273 on flutes and 133 and 298 porosities on cutting edges on dUT drills and between 105 and 253 on flutes and between 135 and 273 porosities on cutting edges on dEP drills. Mean numbers and standard deviations of porosities in the different porosity-classes in total on flutes and cutting edges of the drills during the different experimental stages are given in Table 4.



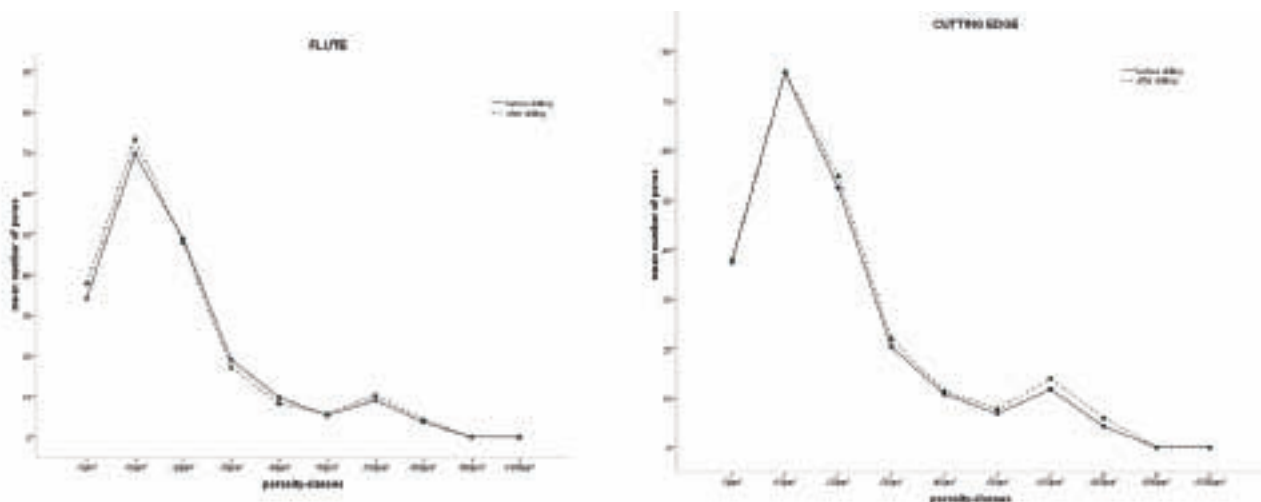
**Fig 6** Reflected-light microscopy pictures of the surface of an pEP (untreated before electrochemical polishing and drilling, picture A), then EP (epolished before drilling, picture B) and dEP (epolished after drilling, picture C) drill ( no. 18 of group 1) showing pores of different size on the investigation area of  $920,87\mu\text{m}^2$  coloured as classified into porosity-classes. Magnification 200. The pEP picture shows a total of 248 pores with an average size of  $22.41\mu\text{m}^2$ , the EP picture shows a total number of 185 pores with an average size of  $26.75\mu\text{m}^2$  and the DR picture shows 231 pores in total with average size of  $26.01\mu\text{m}^2$

In the UT experimental stage the largest number of pores was found in class  $-5\mu\text{m}^2$  (5-60 pores on flutes, 19-70 pores on cutting edges), in class  $-10\mu\text{m}^2$  (12-128 pores in flutes, 36-146 pores on cutting edges) and in class  $-20\mu\text{m}^2$  (6-86 pores on flutes, 26-92 pores on cutting edges). The ECP had a deep impact on the different porosity classes on flutes and cutting edges. Especially small porosities with an area size between  $0.01$  and  $20\mu\text{m}^2$  were decreased, so on flutes class  $-5\mu\text{m}^2$  showed 2-37 pores, class  $-10\mu\text{m}^2$  13-74 pores and class  $-20\mu\text{m}^2$  12-62 pores after ECP and on cutting edges class  $-5\mu\text{m}^2$  revealed 14-38 pores, class  $-10\mu\text{m}^2$  25-90 pores and class  $-20\mu\text{m}^2$  18-63 pores. As an interesting fact, larger porosities were increased during ECP. After the drilling procedure the dEP drills and dUT drills still showed significant differences in the classes that had been affected by the ECP before. Furthermore, the drilling procedure increased the number of small pores. Especially class  $-10\mu\text{m}^2$  was mostly affected and showed then 23-113 pores on flutes and 32-105 pores on cutting edges.

Classes  $-800\mu\text{m}^2$  and  $-1000\mu\text{m}^2$  of all experimental stages were eliminated from statistical analysis as only between 0 and 4 pores were counted, with a median of 0 in all drill groups. A microscopic picture of a drill surface is given in Figure 6 (A: pEP, B: EP, C: dEP) and the changes of the numbers of pores in



**Fig. 7** Numbers of porosities in different porosity-classes on surgical stainless steels drills before and after electrochemical polishing.



**Fig. 8** Numbers of porosities in different porosity-classes on untreated surgical stainless steels drills before and after drilling

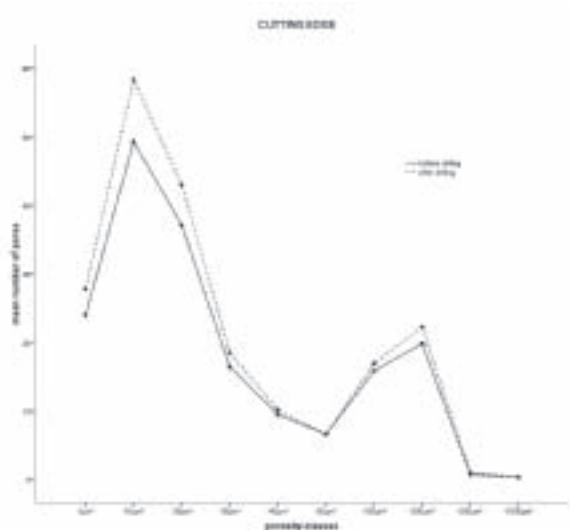
the different porosity-classes during electrochemical polishing is shown in Figure 7. The impact of drilling on the numbers of pores in the different porosity classes on flute and cutting edge of dUT and dEP drills is shown in Figure 8 and Figure 9.

#### EDX and SEM-Analysis

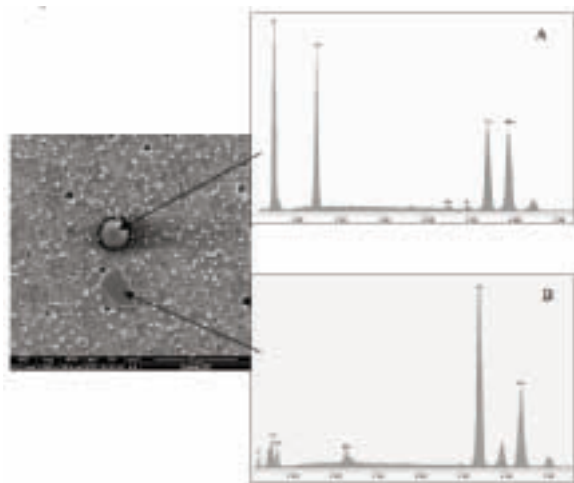
EDX and SEM analysis made of two different drills UT/EP revealed a large number of inclusions within the alloy as shown in Figure 10 A/B and Figure 11.

#### Corrosion signs

The microscopic investigation of corrosion signs showed highly significant differences ( $p < 0.001$ ) between UT and EP in all groups, with all 36 investigated dUT drills and 3 dEP drills of the groups 1, 2, 3 and 4 showing brownish spots on the surface. SEM and EDX analysis of one drill revealed oxy-



**Fig. 9** Numbers of porosities in different porosity-classes on electrochemically polished surgical stainless steels drills before and after drilling

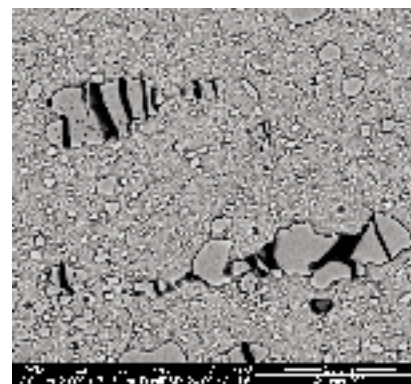


**Fig. 10** Cross section SEM picture magnification 5000, and EDX analysis of an UT (Untreated) drill. Picture A is an EDX spectrum of the round inclusion shown in the SEM picture revealing aluminium oxide from the manufacturing process; picture B is an EDX spectrum of the large inclusion shown in the SEM picture revealing a high amount of chromium which is a representative sign for chromium oxide in such alloy.

gen in the brownish spots on the drill surface, confirming presence of corrosion products as shown in Figure 12.

#### Discussion

In our study commercially available, 2-fluted drill bits were investigated as they are commonly used in equine orthopaedic surgery. Three-fluted drill bits have been studied concerning their drilling performance and they are superior in several aspects, however, two-fluted drills are still commonly used drilling instruments (Bertollo et al. 2008, Bertollo et al. 2010),



**Fig. 11** Longitudinal section: SEM picture of an UT (Untreated) drill, magnification 2000. The picture shows a large number of inclusions of different sizes in the alloy.



**Fig. 12** Reflected-light microscopic picture of a brownish spot on a dUT drill surface, magnification 200, indicating corrosion.

also in equine surgery. Focussing on materials in every day clinical routine makes the results more relevant to the surgical field. As a surface modifying technique, electrochemical polishing was chosen as it is used to smoothen and improve the alloy surface, of metal surfaces used for surgical applications, semi-conductors and within the food processing industry (Beddoes and Bucci 1999, Stoodley et al. 2005, Gellér et al. 2008, Arnold and Bailey 2000, Arnold et al. 2004, Lin and Hu 2008, Hocheng et al. 2001, Chow et al. 2008). In a follow up study to the present one, the influence of electrochemical polishing and its impact on the bacterial attachment will be studied.

To compare the roughness and the porosities between new and used drills we chose a manual drilling technique on metacarpal and metatarsal bones of adult horses. The selected maximum of 40 drilling holes and a maximum drilling depth of 1958 mm with 9 cleaning and sterilization cycles can be expected to be routine usage for a single drill bit. As equine bone



density and cortex thickness outmatch bones from humans and from smaller mammal species, the changes documented on the used drill bits are possibly larger than changes caused by similar drill depths and drilling procedure numbers in human surgery. The EP drills allowed significantly faster drilling in group 8, possibly indicating that EP drills resist bone stability and drilling demands better and longer than UT drills. However, only one professional orthopaedic surgeon carried out all the drilling, and therefore these results would ideally be confirmed using an automated and standardized drilling apparatus in a larger scale study, to evaluate its relevance.

Roughness is an important characteristic for the stainless steel surface topography, and for the identification of roughness the two-dimensional roughness average (Ra) is described as a well established and cost effective method. Compared to modern three-dimensional methods as e.g. Atomic Force Microscopy (AFM) it is not as suitable for investigation of surface topographies in detail, but today Ra is still the most frequently used roughness parameter in material industry allowing easy comparison of the data obtained in our study (Ungersbock and Rahn 1994, Stout and Blunt 1995, Arnold and Bailey 2000, Arnold et al. 2004). Measurements were completed by microscopic porosity counts. Porosities in the stainless steel surface influence the roughness as they represent slots and crevices which can be seen as irregularities and roughness measurement influencing characteristic of the surface. The relationship between the classes of porosities and the Ra shows that due to electrochemical polishing roughness is significantly increased whereas the porosities of an area size between 5 and 600  $\mu\text{m}^2$  are decreased. Larger porosities are increased. Roughness and porosities depend on the material used for the drills, with the drill alloy (AISI 440A) containing between 0.65-0.75% carbon and 13-15% chromium. Both the carbon and the chromium have important functions-the carbon is set to the alloy to improve the hardness and cutting properties of the drill and the chromium is the main element for building up the protective passive layer consisting of chromium oxide (Fajers et al. 1968). Stainless steel alloys must contain more than 11% chromium in the alloy to provide a protective passive layer for increased corrosion resistance. As chromium is a very reactive element it binds to the carbon in our specific stainless steel alloy to form highly resistant chromium carbides. 0.1% of carbon in the alloy is able to bind 2% of chromium (Henkel et al. 2007). During the ECP the chromium carbides react in a different way than their surrounding areas. Chromium carbides act as one large element better resisting the abrasion during the electrochemical polishing. They are surrounded by other alloying elements which are removed during electrochemical polishing. So the chromium carbides are eroded and then subsequently rinsed out. In our study this is documented by the reduction of smaller porosities, representing small crevices or small carbides, after the electrochemical polishing procedure. Larger porosities are increased after the electrochemical polishing as they result from the rinsing out of large chromium carbides. SEM and EDX analysis confirm this. Consequently, the use of a fine-grained stainless steel alloy for surgical applications may be more suitable in order to reduce the porosities.

Corrosion resistance is an important quality especially for reusable surgical instruments (Shah and Bernardo 2002). In

the present study 36 dUT and 36 dEP drills were inspected microscopically for corrosion signs. The results were highly significant, namely independent from their group all 36 dUT drills showed a multitude of brownish spots on their surface whereas only 3 dEP out of 36 did. This shows that electrochemical polishing was successfully increasing the corrosion resistance of stainless steel as described in other studies (Hocheng et al. 2001, Arnold et al. 2004, Shahryari et al. 2008). Corrosion signs were determined microscopically, and the visual identification of corrosion as characteristic brownish spots on the stainless steel surface has been successfully used in many studies. (Sandrik und Wrapp 1970, Shah und Bernardo 2002, O'Hoy et al. 2003, Arnold et al. 2004; Wichelhaus et al. 2004, Henkel et al. 2007). Microscopic pictures of each drill were made and classified concerning the existence of such spots. The presence of oxygen in the spots either as part of an oxide or a hydroxide molecule, as determined in the second step EDX analysis of two drills, proved that the brownish spots were corrosion products. The absence of corrosion signs in the new and the appearance of corrosion signs in the used drill bits show that high pressures and temperatures in the autoclave do have a corroding influence on the stainless steel surface. This may even be more relevant, if the time that the surgical instruments are unused between procedures is larger than in the present study, where drilling and sterilization procedures were carried out within five days and the microscopic inspection took place within the following three days. Consequently, the corrosion documented in this study probably leads to an underestimation of corrosion in real life situations, where drills are not necessarily used four to five times a day but stored for days or weeks between surgeries. The reason for the decreased corrosion resistance of the dUT drills may also be the formation of chromium carbides in the alloy, as in the areas surrounding chromium carbides chromium depletion occurs and thus chromium as the most important element for the protective passive layer is no longer available (Henkel et al. 2007). Studies investigating stainless steel surfaces concerning their corrosion resistance during autoclave sterilization found corrosion signs after autoclave sterilization on different types of stainless and carbon steels but simultaneously observed the corrosion resistance increasing properties of different inhibitors and amines (Fajers et al. 1968, Sandrik und Wrapp 1970, Wichelhaus et al. 2004).

To investigate the clinical effect of an increased corrosion resistance further studies are planned, as the accumulation of corrosion products in the bone may have deleterious effects on bone healing and susceptibility for bone infection.

In the present study the original drill material is the most important parameter determining the drill quality. Electrochemical polishing was a significant influence on the resulting drill quality. Surprisingly, the roughness and porosities of the flutes and the cutting edges of both the UT and the EP drills remained similar independent from their drill usage, being apparently usage independent. Corrosion as a major determinant of quality was significantly reduced after the electrochemical polishing process, and therefore a high quality surface finish like electrochemical polishing should become standard in human and veterinary surgery in order to reduce drilling associated complications.

## Conclusions

The surface of these routinely used surgical drills show the potential to be a hazard in surgical drilling of equine bone, as both the corrosion and the surface porosities have the potential to detrimentally affect the living bone tissue and to have a beneficiary effect on microbial growth and attachment to the implants. Electropolishing of drills intended for repeated use may be advantageous as it leads to a marked reduction of corrosion signs that is maintained throughout heavy use of the drill, including washing and sterilization procedures. The change in the pore sizes cannot be directly related to surgical benefits, and further studies are required to determine whether larger pore sizes improve cleanability or lead to more biological material retained during use.

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